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12.09.2025 Newsletter – The first one of the year one!

Thank You – apologies if we miss you off – everyone is so helpful it is hard to remember!

To all our children, who have really put in the effort to be **Ready, Respectful and Safe**, so that we can all learn together at **Team Reedham**. This half term it is all about '**RESPONSIBILITY**', how we can engage in our community and ensure we are playing our part to stay safe and look after ourselves, each other and our environment.. It would be great to see this modelled by families by getting involved in our events and supporting our school even more – thank you to everyone, who has been doing this already!

As always another thank you to Rachel Aitchison and the PFA and parents for working hard and supporting us to plan events to fundraise and improve our educational offer to all children and families. We have so much planned this year – keep an eye on the parent board at the front gates.

Autumn Term Last reminders

Morning Drop Offs and Parking

ALL parents (including squirrels) are reminded that we start at 8.30am – please be prompt to drop off your child.

Squirrel families we have invited you to collect your children from 3.00pm onwards to ease the process at handover.

Road Safety and Keeping School Gates Clear

Recently, there was a near miss involving a vehicle close to the school gates, and we want to ensure all our children remain safe.

Please:

- Avoid parking on or near the junction outside the school gates.
- Refrain from turning or stopping in front of the gates, as this blocks visibility and puts children at risk.
- Encourage older children walking home alone to stay alert and use designated crossings wherever possible.

Your care and cooperation make a huge difference in keeping our school community safe.

Thank you for helping us protect all our children.

Raising Concerns

We would like to kindly remind everyone that if concerns arise regarding children's experiences and interactions at school, these should always be directed through the school rather than addressed directly with other parents. It is the school's responsibility to support families in managing such matters.

Please address any concerns you have with your child's teacher.

If your child shares a concern with you, please first ensure that they have spoken with a trusted adult in school, when the concern arose. In addition, we encourage you to put your concern in writing to your child's class teacher, so that we can fully support and follow up as needed. Your first point of contact should be your child's teacher. By working together in this way, we can ensure that any issues are handled fairly, sensitively, and in the best interests of all children.

Parent and teacher communication

We welcome all parents to share information, concerns and news with us, however it is really important that **all** our teachers are able to be with their classes in the mornings to take registers. This is a statutory requirement and an important part of safeguarding. If you have an urgent matter this can be emailed to the class teacher and an appointment can be made, outside of teaching time. Any concerns should be first reported to the class teacher. Please follow our complaints procedure as this helps us to support your concerns more effectively. Please note that all school letters are posted to our [website](#) too – look out for the QR codes to link you from your phone.

Healthy snacks and water bottles

This is a reminder that we encourage children through their learning of P.E and PSHE to be healthy and lead healthy lifestyles. We have noticed many packed lunches and snacks are VERY unhealthy. It is preferred that snacks brought in for break are fruit and not chocolate or crisps.

Please follow the link to read our [Trust policy](#). **Please also note that the school no longer provides water bottles for children. Please ensure your child remembers to bring in their named refillable bottle.**

Snacks and fees in nursery

Please ensure you have completed the paper form shared by Miss Curtis this week to ensure your child has access to healthy snacks.

School uniform

We would like to request that all girls wearing skirts wear shorts under them to protect their modesty and dignity whilst they sit on the carpet and when playing outside.

We have been informed that My Clothing, the supplies of our branded uniform are out of stock of certain sizes and that families should buy the next size up.

Autumn 2 term changes

As you know, we will be starting the trial for our working week Monday 3.11.25. News of this has been shared along with this newsletter and is on our website. Follow up details will be published in the coming weeks. We will be sharing the link to book the sessions on Fridays next week. More information regarding the enrichment offer available to children staying for afternoon sessions will be shared as soon as possible. Please note there will be a parent meeting with Debbie Thomas on Thursday 25th September at 3.30pm and will also be online.

PFA

PFA volunteers: Would you like to become part of the PFA volunteer team? We are looking for a group of people who are not looking to commit but are happy to pass their contact details to the PFA chair and secretary so we can contact you if we need extra help. This could be for helping at events where you can pop along and lend us a hand as and when it is suitable for you. It may be that you have some spare time to send some letters for us, help on a school trip, running a stall or collecting some shopping or donated prizes etc.

NOTICE of PARENTS AND FRIENDS OF REEDHAM PRIMARY SCHOOL ANNUAL GENERAL MEETING

The Reedham Primary School PFA is holding it's Annual General Meeting on Thursday 9th October at 3:30 pm. The meeting will take place in Reedham School Hall. You can also attend virtually if you prefer. Please let the school office know and we can send you a link.

We expect the meeting will take approximately 30 minutes. After this we will discuss events for the school year and fundraising ideas. These include events such as the Halloween disco, bake sales and Elfridges for Christmas time. We will then arrange a date for our next committee meeting.

You will see on the Agenda below that we need to reelect the committee members and officers. The current 3 officers are as follows:

- Chair – Rachel Aitchison who is happy to stand for re-election.
- Secretary- Kerri-Anne Watson who is happy to stand for re-election.
- Treasurer - Charlotte Lonsdale who is happy to stand for re-election.

As always, the group requires more committee members to help with the management of the group and to help at events. There are currently 7 parents on the PFA committee, as well as 3 officers named above. Our current PFA committee are: Karen, Shell, Ann, Aimee, Libby, Eve and ILona.

If you have any suggestions for the AGM or would like to be a committee member, or want to nominate someone you know, please contact the school office or our secretary on kerri-annewatson@hotmail.com or 077824468242. It is not necessary to contact me in advance, it simply helps the meeting go smoothly. Equally, if you'd like to be on our list of helpers, but not commit to being on the committee, please let us know. We hope to see parents at the AGM.

Agenda:

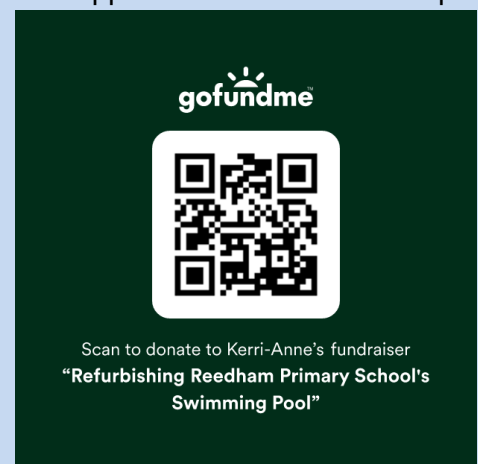
- 1 . Apologies for absence
2. Calendar of events for 2025-2026 school year
3. Chairperson`s address
4. Treasurers report
5. Correspondence
6. Election of Officers and Committee Members
7. Any Other Business

Easy fundraising - Reedham Primary & Nursery School PFA have joined easy fundraising! This is a way you can raise money for us without it costing you anything! All you need to do is visit easyfundraising.org.uk and set up an account. Search for Reedham Primary & Nursery School PFA and join us. Then whenever you shop online, if you do this through the easyfundraising page or App, they will donate to the Reedham School PFA! Currently, we are raising funds to support the school with transport to events and visits and ipad cases.

Swimming Pool Renovation

We are officially starting to fundraise for our project to renovate the swimming pool. We were excited to see that the EDP had picked this up and run a story. We would welcome any ideas around fundraising opportunities. Thank you to Ann, who is busy applying for grants! This can't come quick enough as we have not been able to swim this week due to chemical imbalance.

<https://www.edp24.co.uk/news/25252575.reedham-primary-school-planning-upgrade-swimming-pool/>



Online Safety

The internet offers your child a wealth of education and learning opportunities, entertainment, and exciting ways to connect to friends and family. Many children are now beginning their exploration of this exciting online world at a very young age. If children can learn about risks online, and how to manage those risks, at the same time as they start to use the technology, we can help them grow into confident and responsible citizens of our online community.

During E-Safety week the children have been participating in a range of activities to emphasise the 5 SMART rules when using the internet.

S - SAFE - Staying safe involves being careful and not giving out your name, address, mobile phone number, school name or password to people online.

M - MEETING someone you have contacted in cyberspace can be dangerous. Only do so with your parent's/carer's permission, and then when they can be present.

A - ACCEPTING e-mails or opening files from people you don't really know or trust can get you into trouble - they may contain viruses or nasty messages.

R - RELIABLE – Sometimes information and people on the internet are not reliable. Information on the internet might be wrong. Always look at more than one website to check your information. People on the internet can lie about who they are.

T - TELL a trusted adult if someone or something makes you feel uncomfortable or worried.

Parent's Fact Sheet from [ThinkUKnow](#):

Know what your children are doing online and who they are talking to. Ask them to teach you to use any applications you have never used. Keeping the computer in a family room means that you can share your child's online experience – and that they are less likely to act inappropriately (i.e. via webcam).

Help your children to understand that they should never give out personal details to online friends — personal information includes their messenger ID, email address, mobile number and any pictures of themselves, their family or friends. If your child publishes a picture or video online, anyone can change it or share it. Remind them that anyone may be looking at their images and one day a future employer could!

If your child receives spam/junk email & texts, remind them never to believe them, reply to them or use them. It's not a good idea for your child to open files that are from people they don't know. They won't know what they contain — it could be a virus, or worse — an inappropriate image or film.

Help your child to understand that some people lie online and therefore it's better to keep online mates online. They should never meet up with any strangers without an adult they trust.

Always keep communication open for a child to know that it's never too late to tell someone if something makes them feel uncomfortable.

Teach young people how to block someone online and how to report them if they feel uncomfortable.

More information

- Visit <https://saferinternet.org.uk/resource/thinkuknow-advice-from-ceop>. This website gives a comprehensive overview of the resources we have been following at school. It gives information about the latest technology and safety issues. There is even a parent quiz to see if you are a switched-on Mum or Digital Dad – you will be surprised by the result!

Term Dates

Provisional dates for Autumn term

Owls looking after allotment

Monday 1.9.25 Inset day for staff

Tuesday 2.9.25 – Inset day for staff

Wednesday 3.9.25 - Autumn term begins for all pupils

Thursday 25th September 2025 – Debbie Thomas meeting parents (trial school changes)

Friday 26th September 2025 – Macmillan Cake sale

Thursday 10th October 2025 – Hello Yellow – wear something yellow to school

Wednesday 15th October 2025 – Parent's Evening

Thursday 16th October 2025 – Parent's Evening

Thursday 23rd October 2025 – Halloween disco

Friday 24th October 2025 – last day of term

Monday 3rd November 2025 – Autumn 2 term starts – working week changes

Friday 7th November 2025 – Non uniform day in lieu of Bingo prizes

Monday 11th November 2025 – Remembrance at memorial 10.45 – 11.15

Friday 14th November 2025 – Children in Need event

Thursday 27th November 2025 – Family Bingo Night at school

Friday 5th December 2025 – Gingerbread house competition judging

Wednesday 10th December 2025 - 1pm to 2pm Nativity performance at Reedham Church

Thursday 11th December 2025 – Festive Thursday - PFA

Monday 15th December 2025 – Elfridges Otters and Squirrels

Monday 15th December – Raffle draw

Tuesday 16th December 2025 - Elfridges Herons

Wednesday 17th December 2025 – Festive Thursday - PFA

Thursday 19th December 2025 - Elfridges Owls

Friday 19th December 2025 – Last day of term

Friday 19th December 2025 – Santa's helpers handing out gifts

School Community

Consortium
Develop • Create • Engage

Our Commitment to You

You told us what is important to you

Right Treatment

You can trust us to:

- Do what we say we will do
- Be helpful, polite and treat you fairly and with respect
- Try to understand your circumstances
- Follow processes correctly
- Tell you what to do next if you're not satisfied with how you've been treated
- Protect your personal information

Getting it right

We will:

- Provide you with the correct decision or information
- Explain things clearly if the outcome is not what you'd hoped for
- Say sorry and aim to put it right if we make a mistake
- Use your feedback to improve how we do things

Keeping you informed

We will:

- Deal with your request the first time you contact us, or as soon as we can
- Tell you what will happen next, and by when
- Keep you updated of progress
- Ensure you know the best way to contact us

In return, we need you to:

- Give us the correct information at the right time
- Tell us when something changes
- Be on time for any appointment
- Treat our staff with respect

Please note that we are a small community. Our policies support positive relationships with all stakeholders within our community. With this in mind, please can we model respect and tolerance to all our children and parents through our actions both at home and on the playground.

Local scouting opportunities...

Join the Adventure - Freethorpe Cubs

For fun, friendship and adventure - Cubs is for boys & girls aged 8 - 10.5 years old.

If you like learning new skills, playing games, trying new challenges, making new friends and getting outdoors then you should give Cubs a try!

1st Freethorpe Cubs meet on Thursday evenings from 6:45 - 8:15pm.

If you would like to get involved, please register your interest through our website: eastnorfolkscouts.org.uk/join/

eastnorfolkscouts.org.uk/join/
#SkillsForLife



Do more. Learn more. Be more.

Aged 10½ upto 14 years old?

Tired of dull evenings? Want to try something exciting, learn skills for the future, and meet new friends?

The Scouts could be for you!

Freethorpe Scouts meet on Thursday evenings from 6:45 - 8:15pm and welcomes boys & girls aged 10½ - 14.

If you would like to get involved, please register your interest through our website: eastnorfolkscouts.org.uk/join/

#SkillsForLife

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Our Community Events...

Norfolk & Waveney Autism & ADHD Support Service

Supporting parents/carers of children and young people recently diagnosed or awaiting assessment for autism/ADHD. Our aim is to promote a better understanding of neurodivergence, how it may impact behaviour and offering practical strategies to parents/carers.

We also offer support to families seeking advice about how to start the journey and make a successful referral for assessment.

Family Action

Family Action is an award-winning national charity working from the heart of local communities to support people through change, challenge and crisis.

We protect children, support young people and offer direct, practical help to families.

It's what we've done for over 150 years.

To find out more about who we are and what we do, visit us at www.family-action.org.uk.

Norfolk & Waveney Autism/ADHD Support Service

Gorleston Library, 1 Lowestoft Road,
Gorleston-on-Sea, NR31 6QU

Email: NorfolkandWaveney@family-action.org.uk

Tel: 01493 650220

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Norfolk & Waveney Autism & ADHD Support Service

Working with families to improve outcomes for children and young people affected by neurodivergence.



NorfolkandWaveney@family-action.org.uk



Puffins Autism Programme

The Puffins Programme is a FREE, four week programme designed by Norfolk Community Health and Care's Neurodevelopmental Service for parents and carers of children and young people with a diagnosis of Autism.

Family Action are working in partnership with NCHC and EPSS to deliver the programme to families in Norfolk.



Week 1 – Introducing Autism and Understanding Behaviour (Family Action)

Week 2 – Communication – (NCHC Speech and Language Therapy Team)

Week 3 – Understanding Sensory Processing (NCHC Occupational Therapy Team)

Week 4 – Autism in Education (NCC EP & Specialist Support: Autism Support Team)

To find out more or book a place, please contact Family Action on:

01603 972589

Sue.Killick@family-action.org.uk



Educational Psychology & Specialist Support

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Autumn/Winter 2025 Programme Dates:

September 2025 - New Costessey

Monday 8th, 15th, 22nd & 29th

Breckland Room, Breckland Hall,
Breckland Rd, New Costessey,
Norwich NR5 0RW

October 2025 - Thetford

Thursday 2nd, 9th, 16th & 23rd

Charles Burrell Centre, Staniforth Road
Thetford IP24 3LH

November 2025 - Kings Lynn

Monday 3rd, 10th, 17th & 24th

Community Hub, Church Dr, Nxt Gaywood
Church Rooms, King's Lynn, PE30 4DZ

December 2025 - ZOOM

Monday 1st, 8th, 11th & 18th

Online

All courses are 9:30am - 12:30pm*

NB: *Session 1 only in each course is just a little longer 9:30am to 1:00pm

family-action.org.uk



Plan Bee Course General Information

Understanding and supporting your neurodivergent child or young person's needs.

A FREE course for parents and carers

Plan Bee is a 3 week course (2 hours per week) written by Clinical Psychologists working in Norfolk Community Health and Care. We have been commissioned by Norfolk NHS ICB to deliver this course for parents and carers of children who have suspected or diagnosed neurodevelopmental conditions.

All behaviour is a form of communication. Our course supports parents to understand their child's individual needs and how to best support them.

The aim of this course is to help parents and carers to:

- **Understand why their child or young person might become overwhelmed.**
- **Reflect on what might trigger certain distressed behaviours and how to implement pro-active and re-active strategies.**
- **Develop a support plan which they can share with other family members and schools to ensure a consistent approach.**
- **Meet with other parents/carers for peer support.**

For more information you can contact us Monday to Friday 9-5pm on:



01603 972589



Norfolkandwaveney@family-action.org.uk



Norfolk and Waveney Autism/ADHD Support Service



www.family-action.org.uk



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action**



Puffins Course General Information

Puffins is a course for parents and carers of children up to the age of 18 with a diagnosis of autism. The aim of the Puffins programme is to give parents and carers a better understanding of what the diagnosis of autism means for them and their child.

Section 1 - Presented by Family Action's Autism & ADHD Support Team

- Giving parents an overview of autism, including the associated developmental issues their child may struggle with.
- Supporting them to understand and see the world from their child's point of view.
- Offering practical strategies, support and advice.

Section 2 - Communication Presented by NCHC Speech & Language Therapy Team

- Understanding strengths and differences related to communication and interaction.
- Helping families to understand and advocate for differences and potential supports needed.
- Supporting connection and meaningful interactions.
- Offering practical strategies.

Section 3 - Sensory Processing Presented by NCHC Occupational Therapy Team

- Sensory processing - the neurological theory.
- Sensory systems - what does each system do?
- Sensory processing in real life
- How can we help our children?

Section 4 - Autism in Education Presented by NCC EP & Specialist Autism Support Team

- SEND and Schools.
- Reasonable adjustments and support in the classroom.
- IEP/EHCP.
- When things go wrong.
- Transition.
- Support for parents.

To find out more or book a place, please contact Sue Killick on:

01603 972589
Sue.Killick@family-action.org.uk

family-action.org.uk